



Taking the 'dis' out of disability

Men on a Mission ...



Andy gets the bird....



.... while Chris gets the 'hump' at Coates.

Are You Up For It ?

Would you like Sportability to feature sports and activities in your area ?

We are always looking for ideas and contacts in new areas. As you will have seen we are actively working to put events together in Oxfordshire and Scotland.

If you have any thoughts let us know.

Moreover, if you'd like to get involved more directly, then we'd welcome your input.

We need more Area Organisers, and these key roles are not just admin and office, but wholly participatory. You get to try all the sports on offer !

So if this appeals, then please get in touch – see details below or check:

www.sportability.org.uk

& Ladies that launch



Anne Cooksley got to grips with Access dinghies out in the harbour at Bristol.



Messin' about on the river – Midlands style.



Serenity on Frensham Pond in Surrey

Just Do It

If you know someone who could benefit from our activity programme, then please feel free contact to us.

And talking of "free" that's the cost – our events are available free of charge. We don't want any barriers to participation.

Why do we do it ? If we can help just one person, perhaps someone currently lying in a hospital bed thinking life has to come to an end, to turn back on to a life worth living it's job done !,

Or let your fingers do the giving.....

If you'd like to make a donation to Sportability to help sponsor these events then simply log on to our website www.sportability.org.uk and follow the "Donations" screens.

More thank you's

